



# **your radio reading service**

Sydney | 1224AM | 100.5FM | DAB+ | Newcastle & the Lower Hunter |  
100.5FM |

Wollongong & the Illawarra | 93.3FM

Broadcasting | Live streaming | On demand | Podcasting

# 2RPH PROGRAM SCHEDULE

Schedule is correct to version date (below) but program changes occur on a regular basis.

## Monday

0001	BBC World Service
0600	BBC News Bulletin
0620	Christianity Works
0630	Insight for Living
0700	Breakfast
0750	Radio & TV Guide
0800	Older Australians
0830	Profile
0845	Birth and Death Notices, followed by The Sydney Morning Herald
1000	The Daily Telegraph
1000	The Newcastle Herald
1000	The Illawarra Mercury
1100	BBC World Service

- 1130 The Australian
- 1240 Considered Opinion
- 1300 Lunchtime Book
- 1330 Australian Women's Weekly (R)
- 1400 Hear This
- 1430 Griffith Review (R)
- 1500 Colours Of Australia (W1)  
Ablequest (R) (W2, R-W4)
- 1515 Aviation Digest (R) (W1, W3)  
2RPH Signals (W2, R-W4)
- 1530 Food & Wine (R W1, W3)  
What's In Space? (R-W2, W4)
- 1600 Features Forum
- 1730 Granta (W1)  
Antiques Radio Show (W2, R-W4) (P)  
New Voices (W3)

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

(P) - Podcast

Updated: Feb 2023

1800	Children's Book
1830	Lunchtime Book (R)
1900	Get Together (R)
1930	Leading the Way
2000	Guardian Australia
2030	Science & Environment (R)
2100	Time Magazine (R)
2130	Focus (W1)
	Geographica (W2)
2200	The New Statesman (R)
2230	Book at Bedtime
2300	BBC World Service

## **Tuesday**

0001	BBC World Service
0600	BBC News Bulletin
0620	Christianity Works
0630	Insight for Living
0700	Breakfast
0750	Radio & TV Guide
0830	Profile
0845	Birth and Death Notices, followed by The Sydney Morning Herald
1000	The Daily Telegraph
1000	The Newcastle Herald
1000	The Illawarra Mercury
1100	BBC World Service
1130	The Australian
1240	Considered Opinion

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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1300 Lunchtime Book  
1330 New Idea (R)  
1400 Choice Magazine  
1430 Health Matters  
1500 Good Food  
1515 Read A Record  
1530 Men's Matters (R-W1)  
Frankie (R) (W2)  
1600 Features Forum  
1730 Woman's Day  
1800 Children's Book  
1830 Lunchtime Book (R)  
1900 Animates (R-W1) (P)  
Film Club (R-W2)  
1930 Leading the Way  
2000 The Spectator (W1)  
The New Yorker (W2)  
2030 Spectrum  
2100 Computalk

- 2130 Green Advocate
- 2200 Yesterdays (W1)  
Telling Tales (W2)
- 2230 Book at Bedtime
- 2300 BBC World Service

## **Wednesday**

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

(P) - Podcast

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0001	BBC World Service
0600	BBC News Bulletin
0620	Christianity Works
0630	Insight for Living
0700	Breakfast
0750	Radio & TV Guide
0800	Disability News
0830	Profile
0845	Birth and Death Notices, followed by The Sydney Morning Herald
1000	The Daily Telegraph
1000	The Newcastle Herald
1000	The Illawarra Mercury
1100	BBC World Service
1130	The Australian
1240	Considered Opinion
1300	Lunchtime Book
1330	Spectrum (R)
1400	The Monthly



1430	Travel Time
1500	Natural Health
1515	Read A Record
1530	Accent on Asia (R)
1600	Features Forum
1730	Limelight (W1)
	Mindfood (W2)
1800	Children's Book
1830	Lunchtime Book (R)
1900	People in Profile
1930	Leading the Way
2000	The Big Issue (R-W1)
	Sporting Pages (R-W2)
2030	New Scientist
2100	The Economist (R)
2130	Money Magazine

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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2200 Guardian Australia (R)  
2230 Book at Bedtime  
2300 BBC World Service

## **Thursday**

0001 BBC World Service  
0600 BBC News Bulletin  
0620 Christianity Works  
0630 Insight for Living  
0700 Breakfast  
0750 Radio & TV Guide  
0830 Profile  
0845 Birth and Death Notices, followed by  
The Sydney Morning Herald  
1000 The Daily Telegraph  
1000 The Newcastle Herald  
1000 The Illawarra Mercury  
1100 BBC World Service

1130	The Australian
1240	Considered Opinion
1300	Lunchtime Book
1330	Woman's Day (R)
1400	Optimal Life
1430	Talking Vision
1500	New Horizons
1515	Read A Record
1530	The Spectator (R-W1)
	The New Yorker (R-W2)
1600	Features Forum
1730	The Koori Mail
1800	Children's Book
1830	Lunchtime Book (R)
1900	New Idea
1930	Leading the Way

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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2000	The New Statesman
2030	Bookshelf (W1)
	Optimal Life (W2)
2100	Health Matters (R)
2130	Monitor World
2200	History Today
2230	Book at Bedtime
2300	BBC World Service

## **Friday**

0001	BBC World Service
0600	BBC News Bulletin
0620	Christianity Works

0630	Insight for Living
0700	Breakfast
0750	Radio & TV Guide
0830	Profile
0845	Birth and Death Notices, followed by The Sydney Morning Herald
1000	The Daily Telegraph
1000	The Newcastle Herald
1000	The Illawarra Mercury
1100	BBC World Service
1130	The Australian
1240	Considered Opinion
1300	Lunchtime Book
1330	Science and Environment
1400	Computalk (R)
1430	Sideshow (R-W1, W3)

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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Geographica (R-W2)

1500 Ablequest (W1) (P)  
Good Food (R-W2)

1515 Read A Record

1530 The Economist

1600 Features Forum

1730 Downunder

1800 Children's Book

1830 Lunchtime Book (R)

1900 Australian Women's Weekly

1930 Leading the Way

2000 The Monthly (R)

2030 Talking Vision (R)

2100 Time Magazine

2130 The Smithsonian (W1)  
Galleries & Gardens (W2)

2200 Griffith Review

2230 Book at Bedtime

2300 BBC World Service

## Saturday

- 0001 BBC World Service
- 0700 People in Profile (R)
- 0730 Christian Science Weekly Review
- 0800 Breakfast
- 0945 Birth and Death Notices, followed by  
The Sydney Morning Herald
- 1100 The Daily Telegraph
- 1200 Aviation Digest
- 1215 The Weekend Australian
- 1315 Saturday Newspaper Feature  
Magazines
- 1400 New Horizons (R)
- 1400 The Newcastle Herald
- 1400 The Illawarra Mercury

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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- 1415 Features Forum
- 1600 Australian Police Journal (W1, W3)  
Ageing with Attitude (W2, W4)
- 1630 What's In Space? (W1, W3)  
Food & Wine (W2, W4)
- 1700 The Smithsonian (R-W1)  
Galleries & Gardens (R-W2)
- 1730 Downunder (R)
- 1800 Children's Book
- 1830 Junior Journal
- 1900 The Koori Mail (R)
- 1930 30 Laps with Dick (R)
- 2000 Travel Time (R)
- 2030 Colours Of Australia (R-W1, R-W3)  
The Big Issue (W2, W4)
- 2045 Aviation Digest (R-W1, R-W3)
- 2100 Music Room
- 2130 Limelight (R-W1)  
Mindfood (R-W2)



2200 Kaleidoscope  
2230 Hear This (R)  
2300 BBC World Service

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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## **Sunday**

- 0001 BBC World Service
- 0630 Leading the Way - Sunday
- 0700 Hour of Power
- 0800 Insight for Living - Sunday
- 0830 Get Together
- 0900 Bookshelf (R-W1)  
Optimal Life (R-W2)
- 0930 Ageing With Attitude (R-W1, RW3)
- 1000 The Sunday Papers
- 1230 Kaleidoscope (R)
- 1300 History Today (R)
- 1330 New Voices (R-W1, W3)  
Inclusive Agenda (W2, R-W4)
- 1400 Dr Who Magazine
- 1430 Unearthed
- 1500 Muse
- 1530 Accent on Asia
- 1600 Parish Pump

1700	Sporting Pages
1730	Film Club (W1, W3) Animates (W2, W4)
1800	2RPH Signals (R)
1815	The Lord's Challenge
1830	New Scientist (R)
1900	Green Advocate (R)
1930	Frankie (W1) Men's Matters (W2)
2000	Monitor World (R)
2030	Living Planet
2100	Messages of Hope
2115	Meditative Moments
2130	BBC World Service

(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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## How to listen

- Radio: Sydney on 1224 AM and 100.5 FM, Newcastle/Lower Hunter on 100.5 FM, and in Sydney on 2RPH Digital and 2RPH Plus
- Wollongong and the Illawarra region, 93.3FM.
- Online: <https://www.2rph.org.au/listen/how-to-listen>
- Podcasts on demand <https://www.2rph.org.au/listen/podcasts>

## Complaints

Anyone can make a complaint to 2RPH. You do not have to be receiving services from us to make a complaint and you may make a complaint on behalf of someone else. If you are not satisfied with making a complaint to 2RPH, you can contact the Australian Communications and Media Authority (ACMA). Further information on ACMA and how to contact the organisation can be found at [www.acma.gov.au/complaints](http://www.acma.gov.au/complaints) or by emailing [broadcasting@acma.gov.au](mailto:broadcasting@acma.gov.au). You can also write to ACMA: PO Box Q500, Queen Victoria Building, NSW 1230.

## Feedback

If you would like to provide feedback to 2RPH about any of our programs, please

- 1) Complete our online Feedback Form, or
- 2) Call us on 029518 8811

## PROGRAM SPONSORS



## PROGRAM PARTNERS



(R) -Repeat: (W1) - Week 1 (W2) - Week 2 – (W3) – Week 4 (W4).

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