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**2RPH PROGRAM SCHEDULE**

Program changes may occur; check our website for the latest guide: www.2rph.org.au

**Monday**

**0001** BBC World Service

**0600** BBC News Bulletin

**0620** Christianity Works (S)

**0630** Insight for Living (S)

**0700** Breakfast

**0750** Radio & TV Guide

**0800** Older Australians

**0830** Profile

**0845** Death Notices, followed by The Sydney Morning Herald

**1000** The Daily Telegraph

**1000** The Newcastle Herald (N)

**1000** The Illawarra Mercury (I)

**1100** BBC World Service

**1130** The Australian

**1245** Letters to The Editors

**1300** Lunchtime Book

**1330** Australian Women's Weekly (R)

**1400** Hear This

**1430** Time Magazine (R)

**1500** Colours of Australia (P)

**1515** New Horizons (R)

**1530** Antiques Radio Show (P)(W2)

**1600** Features Forum

**1730** Children's Book

**1800** Optimal Life (W1)

 Ageing With Attitude (W2) (R) (P)

**1830** Baby Boomer's Guide to Life (R)

**1930** Leading the Way (S)

**2000** Guardian Australia

**2030** The Conversation (W1)

 Writers From the Vault (W2)

**2100** The Economist

**2130** Ablequest (P) (R)

**2145** Colours of Australia (R)

**2200** Kaleidoscope (R)

**2230** Bedtime Book

**2300** BBC World Service

**Tuesday**

**0001** BBC World Service

**0600** BBC News Bulletin

**0620** Christianity Works (S)

**0630** Insight for Living (S)

**0700** Breakfast

**0750** Radio & TV Guide

**0830** Profile

**0845** Death Notices, followed by The Sydney Morning Herald

**1000** The Daily Telegraph

**1000** The Newcastle Herald (N)

**1000** The Illawarra Mercury (I)

**1100** BBC World Service

**1130** The Australian

**1245** Letters to The Editors

**1300** Lunchtime Book

**1330** New Idea

**1400** Woman's Day

**1430** Good Food

**1500** The Big Issue (R) (W1)

 2RPH Signals (P) (W2)

**1515** Aviation Digest (W2)

**1530** Travel Time

**1600** Features Forum

**1730** Children's Book

**1800** Choice

**1830** Spectrum (R)

**1900** 30 Laps (R)

**1930** Leading the Way (S)

**2000** Australian Women's Weekly (R)

**2030** Frankie (R)

**2100** Health Matters

**2130** Men's Matters (W1)

 Animates (R) (W2)

**2200** Monitor World

**2230** Book at Bedtime

**2300** BBC World Service

**Wednesday**

**0001** BBC World Service

**0600** BBC News Bulletin

**0620** Christianity Works (S)

**0630** Insight for Living (S)

**0700** Breakfast

**0750** Radio & TV Guide

**0800** Disability News

**0830** Profile

**0845** Death Notices, followed by The Sydney Morning Herald

**1000** The Daily Telegraph

**1000** The Newcastle Herald (N)

**1000** The Illawarra Mercury (I)

**1100** BBC World Service

**1130** The Australian

**1245** Letters to The Editors

**1300** Lunchtime Book

**1330** Guardian Australia

**1400** Sporting Pages (R) (W1)

 Men's Matters (W2)

**1430** Film Club (R) (W1)

**1430** Bookshelf (R) (W2)

**1500** Muse

**1530** Limelight (W1)

 Mindfood (W2)

**1600** Features Forum

**1800** Geographica (W1)

 Hear This (W2)

**1830** History Today

**1900** Unearthed

**1930** Leading the Way (S)

**2000** New Scientist (R)

**2030** What's In Space?

**2100** Science & Environment

**2130** Green Advocate

**2200** Living Planet (R)

**2230** Book at Bedtime

**2300** BBC World Service

**Thursday**

**0001** BBC World Service

**0600** BBC News Bulletin

**0620** Christianity Works (S)

**0630** Insight for Living (S)

**0700** Breakfast

**0750** Radio & TV Guide

**0830** Profile

**0845** Death Notices, followed by The Sydney Morning Herald

**1000** The Daily Telegraph

**1000** The Newcastle Herald (N)

**1000** The Illawarra Mercury (I)

**1100** BBC World Service

**1130** The Australian

**1245** Letters to The Editors

**1300** Lunchtime Book

**1330** Choice (R)

**1400** Money Magazine

**1430** The Economist (R)

**1500** Writers From The Vault

(R) (W1)

 The Spectator (W2)

**1530** The New Yorker (W1)

 Australian Police Journal (R) (W2)

**1600** Features Forum

**1730** Children's Book

**1800** The Koori Mail

**1830** Talking Vision

**1900** People In Profile

**1930** Leading the Way (S)

**2000** The Monthly

**2030** Mindfood (R) (W1)

 The Big Issue (W2)

**2100** The New Statesman

**2130** The Smithsonian (R) (W1)

 The Conversation (R) (W2)

**2200** Accent On Asia

**2230** Book at Bedtime

**2300** BBC World Service

**Friday**

**0001** BBC World Service

**0600** BBC News Bulletin

**0620** Christianity Works (S)

**0630** Insight for Living (S)

**0700** Breakfast

**0750** Radio & TV Guide

**0830** Profile

**0845** Death Notices, followed by The Sydney Morning Herald

**1000** The Daily Telegraph

**1000** The Newcastle Herald (N)

**1000** The Illawarra Mercury (I)

**1100** BBC World Service

**1130** The Australian

**1245** Letters to The Editors

**1300** Lunchtime Book

**1330** Monitor World (R)

**1400** Koori Mail (R)

**1430** Spectrum (R)

**1500** Ablequest (P)

**1515** New Horizons

**1530** Sideshow (P) (W1)

 Talking Vision (R) (W2)

**1600** Features Forum

**1730** Children's Book

**1800** Pearls and Irritations

**1830** Galleries and Gardens (W1)

 New Yorker (W2)

**1900** Star Observer (W1)

 Diva (W2)

**1930** Leading the Way (S)

**2000** Time Magazine

**2030** Bookshelf (W1)

 Film Club (W2)

**2100** Hear This (R) (W1)

 Limelight (R) (W2)

**2130** Muse (R)

**2200** Music Room (R)

**2230** Book at Bedtime

**2300** BBC World Service

**Saturday**

**0001** BBC World Service

**0700** People in Profile (R)

**0730** Christian Science Weekly (S)

**0800** Breakfast

**0945** Death Notices, followed by The Sydney Morning Herald

**1100** The Daily Telegraph

**1200** Aviation Digest

**1215** The Weekend Australian

**1315** Saturday Newspaper Feature Magazines

**1400** New Horizons (R)

**1400** The Newcastle Herald

**1400** The Illawarra Mercury

**1415** Features Forum

**1600** Good Food (R)

**1630** Limelight (W1)

 Galleries and Gardens (W2)

**1700** Woman's Day (W1)

 New Idea (W2)

**1730** Get Together (R)

**1800** Optimal Life (P) (R) (W1)

 Ageing With Attitude (P) (W2)

**1830** Baby Boomer's Guide To Life (R)

**1930** Kaleidoscope

**2000** Australian Police Journal (R)

 The Smithsonian (W2)

**2030** Geographica (R) (W1)

 Sideshow (P) (R) (W2)

**2100** Music Room

**2130** Read A Record (R)

**2145** Aviation Digest (R)

**2200** The Monthly (R)

**2230** People In Profile (R)

**2300** BBC World Service

**Sunday**

**0001** BBC World Service

**0630** Leading The Way (S)

**0700** Hour Of Power (S)

**0800** Insight For Living (S)

**0830** Travel Time (R)

**0900** Accent On Asia

**0930** Inclusive Agenda (P) (W1)

 The Monthly (R) (W2)

**1000** The Sunday Papers

**1230** Sporting Pages

**1300** History Today (R)

**1330** The Religion Review

**1430** Living Planet

**1500** Green Advocate (R)

**1530** Computalk (R)

**1600** 30 Laps (R)

**1630** Frankie

**1700** Diva (R) (W1)

 Star Observer (R) (W2)

**1730** Griffith Review (R) (W1)

Animates (W2)

**1800** Writers From The Vault (W1) (R)

Inclusive Agenda (W2) (R)

**1830** Pearls and Irritations (R)

**1900** Health Matters (R)

**1930** New Scientist (R)

**2000** What's In Space (W1) (R)

 Geographica (W2) (R)

**2030** Science and Environment (R)

**2100** Messages of Hope (S)

**2115** Meditative Moments

**2130** BBC World Service

**How to listen**

* Radio: Sydney on 1224 AM and 100.5 FM
* DAB+: 2RPH Digital and 2RPH Plus
* Wollongong and the Illawarra region, 93.3FM
* Newcastle and the Lower Hunter region on 100.5 FM
* Online: <https://www.2rph.org.au/listen/how-to-listen>
* Podcasts on demand <https://www.2rph.org.au/listen/podcasts>
* Community Radio Plus app

**Complaints**

Anyone can make a complaint to 2RPH. You do not have to be receiving services from us to make a complaint and you may make a complaint on behalf of someone else. If you are not satisfied with making a complaint to 2RPH, you can contact the Australian Communications and Media Authority (ACMA). Further information on ACMA and how to contact the organisation can be found at [www.acma.gov.au/complaints](http://www.acma.gov.au/complaints) or by emailing broadcasting@acma.gov.au. You can also write to ACMA: PO Box Q500, Queen Victoria Building, NSW 1230.

**Feedback**

If you would like to provide feedback to 2RPH about any of our programs, please

1. Complete our online Feedback Form, or
2. Call us on (02) 9518 8811

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